

# A JOINT VENTURE BETWEEN SPORTS & SCIENCE

We started in 2009 in Jyyäskylä with three years of university level research on compression's benefits to sport performance under our belt. One of our founders hailed from the cross fit scene and another from the world of academics. Combining these two worlds resulted in the development of compression technology that actually works.

Athletes and every day users across Europe endorse our products. Zeropoint products are used with a wide variety of sports, work, and travel reasons.

Sports professionals such as golfer Minnea Blomqvist, the Finnish national alpine team (Fearless Finns), former professional boxer Eva Wahlström, and snowboarder Eero Ettala have found Zeropoint technology beneficial in supporting their personal athletic performance.

In addition to this, thousands of amateur padel and tennis players, runners, yogis, and many other sports lovers use and enjoy our products.



# EQUAL CARE FOR THE EARTH & ITS PEOPLE

Zeropoint compression clothes have the highest Oeko-tex -standard. This means there is zero harmful substances in our clothing.

Most of our compression wear is made of ECONYL. ECONYL reuses nylon waste and transforms it into prime material for our compression wear. This is how we at Zeropoint reduce the amount of global waste. By collecting it from landfills and oceans – turning it into high quality compression socks and clothes.

We believe in transparency and the customers' right to know where their products come from. Zeropoint compression wear is produced in Portugal and the fabrics are made in Italy. We will continue to develop products with sustainable materials.



## MAKE COMPRESSION WORK FOR YOU

Using compression during activities and sports will enable you to do that little extra you didn't think was possible: run one more mile, lift one more kilo or do one more rep. Use compression a few hours before and after your activity to warm up and to support recovery.

#### SPORT

Compression boosts your circulation and lifts up your energy levels. Use compression wear before, during and after sports for best results. Compression can be used in every sport from jogging to triathlon.

#### BEFORE

Start using your compression wear already an hour or two before the training or performance. By doing this you will prepare your body for the activity, waking up the muscles, circulation and nervous system.

#### DURING Compression wear supports your muscles, removes metabolic waste, brings in fresh oxygen, reduces muscle cramps and improves the accuracy of movement.

#### AFTER

Keep on wearing the compression wear after the exercise, because scientific research shows significant improvement in recovery when using compression. Compression speeds up the metabolic waste, such as lactic acid, removal, thereby enabling the muscles to recover faster.

#### TRAVEL / WORK

Compression is also beneficial to people working long days standing or traveling. Lack of movement can result in swollen and tired feet and legs. Using compression will make you feel energized from dusk till dawn.



#### MEDIUM LEVEL COMPRESSION

Medium compression level in socks and sleeves means 15 - 20 mmHg compression.

This compression level is designed for everyday training, work, travel, recovery and leisure. Medium compression shapes the body, feels comfortable and gives all the compression's benefits.

All our Athletic-clothes are made with a medium level compression.



#### HIGH LEVEL COMPRESSION

High compression level in socks and sleeves means 20 - 30 mmHg compression.

This compression level is designed for shorter time usage, such as one to three hours. High level compression is excellent for intensive workouts, competitions and also prevention and treatment of sports injuries.

All our Performance-clothes are made with a high level compression.

# WOMEN



art.no. WPST23ORA

art.no. WPST23ARM

Black art.no. WPST23BLK

#### Performance Compression Short Sleeve Top W

HIGH COMPRESSION 78% ECONYL@Yarn/22% LYCRA@Sport - 225g/nf

Zeropoint womens top in high compression helps you train more efficiently and raise your performance level. The compression is targeted to the muscles and two-way elastic material with shape retention combined with anatomical fit provides the best possible compression experience with full muscle control.

Reduces vibration and strain, enhances blood flow and helps remove lactic acid. Excellent breathability, lightness and quick-dry fabric. Glued seamless bottom hem with anti-glide stripe. Antibacterial treatment prevents bad odors. UV-protection and free from harmful substanses.



Orange

Army art.no. WPLT23ARM

Black art.no. WPLT23BLK

Performance Compression Long Sleeve Top W

HIGH COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 225g/mf

Zeropoint womens long sleeve top in high compression helps you train more efficiently and raise your performance level. The compression is targeted to the muscles and two-way elastic material with shape retention combined with anatomical fit provides the best possible compression experience with full muscle control. Reduces vibration and strain, enhances blood flow and helps remove lactic acid. Excellent breathability, lightness and quick-dry fabric. Glued seamless bottom hem .

art.no. WPLT23ORA

The fabric is made of ECONYL® Yarn. A yarn 100% regenerated from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensuring your gear has the correct fiber stretch and top performing fabrics. This technology provides optimal compression during workouts when you need muscle recovery and freedom of movement the most. Antibacterial treatment prevents bad odors. UV-protection and free from harmful substanses.







Orange art.no. WPCT23ORA

Army art.no. WPCT23ARM

art.no. WPCT23BLK

#### Performance Compression Tights W

COMPRESSION LEVEL 35 mmhg 65% ECONYL®Yarn/35% LYCRA®Sport - 190g/m²

One of our best selling tights are often comment as "The best tights they ever tried". Performance tights have the highest compression level. Perfect fit with extra high waist. The waistband fabric has a lower compression for excellent comfort. Minimum amount of seams makes the tights extremely comfortable. Designed for all types of intense sports and activities. These tights have also become popular as casual tights for its outstanding sculpting effect. Targeted compression to your muscles helps to remove lactic acids, reduces muscle vibration, strain and enhances blood flow. Anatomical cut with high shape retention and

elastic memory, ensures perfect fit. Excellent breathability and quick-dry fabric. The fabric is made of ECONYL® Yarn. A yarn 100% regenerated from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensuring your gear has the correct fiber stretch and top performing fabrics. This technology provides optimal compression during workouts when you need muscle recovery and freedom of movement the most. Antibacterial treatment prevents bad odors. UV-protection and 100% free from harmful substanses makes these tights one of the best you can find.





Oranae art.no. WPCS23ORA

Armu art.no. WPCS23ARM



Black art.no. WPCS23BLK

#### Performance Compression Shorts W

HIGH COMPRESSION 65% ECONYL®Yarn/35% LYCRA®Sport - 190g/m<sup>2</sup>

High compression shorts with new, improved design quarantee the best support for your muscles as well as the perfect anatomical fit. Get more out of workouts and recover faster. Wicks sweat and moisture, and breathes when you need cooling down. Targeted high compression to your muscles helps to remove lactic acids, reduces muscle vibration, strain and enhances blood flow.

Antibacterial treatment prevents bad odors. 100% free from harmful substanses. Can be used also in the swimming arena since the fabric is chlorine resistant. ECONYL® Yarn fabric in combination with Lycra®Sport ensures correct fiber stretch and top performing compression.





**OEKO-TEX**® STANDARD 100



#### Athletic Compression Tights Solid W

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 190g/m²

snort

Athletic tights in medium compression. Fit with a slightly higher waist for higher comfort. Excellent breathabilty and quick-dry fabric. Designed for all types of sports and activities. Targeted compression to your muscles helps to remove lactic acids, reduce muscle vibration and strain and enhance blood flow. Perfect to use for recovery.

Free from harmful substanses and antibacterial treatment prevents bad odors. Perfect to use for yoga, gym, running and recovery. ECONYL® Yarn fabric in combination with Lycra®Sport ensures correct fiber stretch and top performing compression.









Orange art.no. WACS23ORA



Chalk art.no. WACS23CHA



Army art.no. WACS23ARM



Black art.no. WACS23BLK

#### Athletic Compression Shorts W

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 190g/m²

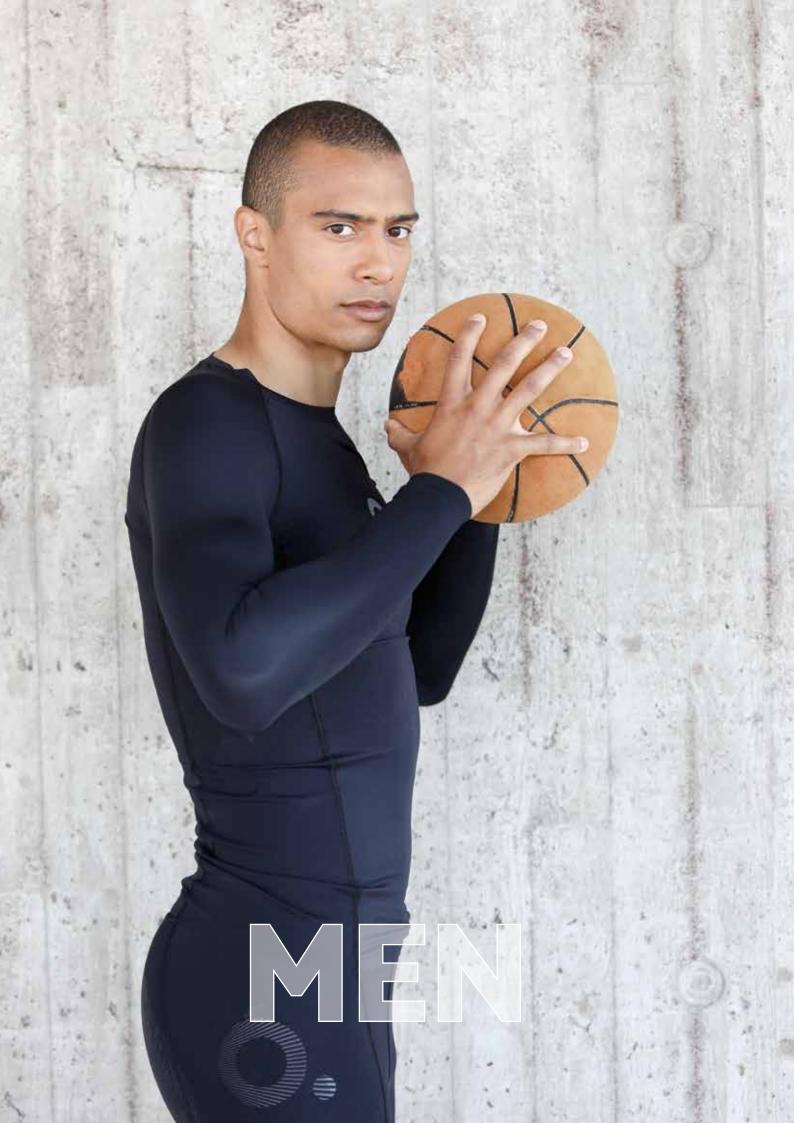
sport

Athletic shorts have medium compression. New fit with high waist. Excellent breathabilty and fast-dry fabric. Designed for all types of sports and activities. Targeted compression to your muscles helps to remove lactic acids, reduces muscle vibration and strain and enhances blood flow. Free from harmful substanses and antibacterial treatment prevents bad odors.

Sustainable techno-fabric, made of a ECONYL® regenerated Nylon that turns waste problems into high end recycled fabric. The fabric is versatile, hyper-resistant, thin, exclusive, elastic, soft and breathable: a unique mix of muscular compression and comfort. Perfect to use in the swimming arena.









Army art.no. MPST23ARM Black art.no. MPST23BLK

#### Performance Compression Short Sleeve Top M

HIGH COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 225g/m<sup>2</sup>

Zeropoint men's top in high compression helps you train more efficiently and raise your performance level. The compression is targeted to the muscles and Two-way elastic material with shape retention combined with anatomical fit provides the best possible compression experience with full muscle control. Supports your muscles, reduces vibration and strain, enhances blood flow and helps to remove lactic acid. Excellent breathability, lightness and quick-dry fabric. Glued seamless bottom hem. The fabric is made of ECONYL® Yarn. A yarn 100% regenerated from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensures a perfect fit and boasts both an efficient shape retention power over time and the correct muscular compression, due to its high modulus. Antibacterial treatment prevents bad odors. UV protection and free from harmful substanses.







Army art.no. MPLT23ARM Black art.no. MPLT23BLK

#### Performance Compression Long Sleeve Top M

HIGH COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 225g/m<sup>2</sup>

Zeropoint men's long sleeve top in high compression helps you to train more efficiently and raise your performance level. The compression is targeted to the muscles and Two-way elastic material with shape retention combined with anatomical fit provides the best possible compression experience with full muscle control. Supports your muscles, reduces vibration and strain, enhances blood flow and helps to remove lactic acid. Excellent breathability, lightness and quick-dry fabric. Glued seamless bottom hem. The fabric is made of ECONYL® Yarn. A yarn 100% regenerated from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensures a perfect fit and boosts both an efficient shape retention power over time and the correct muscular compression, due also to its high modulus. Antibacterial treatment prevents bad odors. UV-protection and free from harmful substanses.







#### Performance Compression Tights M

COMPRESSION LEVEL 35 mmhg 65% ECONYL®Yarn/35% LYCRA®Sport - 190g/m²

Performance tights have the highest compression level in the Zeropoint tights range. Excellent breathability and quick-dry fabric. Shape retention ensures perfect fit and compression level. Anatomical cut style. Excellent breathabilty and fast dry fabric. Designed for all types of sports and activities. Targeted compression to your muscles helps to remove lactic acids, reduces muscle vibration and strain and enhances blood flow. Reflective elements for higher visibility in the dark. Seamless and glued leg hem. The fabric is made of ECONYL® Yarn. A yarn 100% regenerated

from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensuring your gear has the correct fiber stretch and top performing fabrics. This technology provides optimal compression during workouts when you need muscle recovery and freedom of movement the most. Antibacterial treatment prevents bad odors. UV-protection and 100% free from harmful substanses makes these tights one of the best you can find.







Army art.no. MPCS23ARM

Grey art.no. MPCS23GRE



Black art.no. MPCS23BLK

#### Performance Compression Shorts M

COMPRESSION LEVEL 35 mmhg 65% ECONYL®Yarn/35% LYCRA®Sport - 190g/m<sup>2</sup>

Anatomical cut, normalwaist and glued seamless leg hem. Quick-dry and anti pilling fabric with excellent breathabilty. Targeted compression to your muscles helps to remove lactic acids, reduces muscle vibration and strain and enhancesblood flow. Designed for all types of sports and activities. Perfect to usefor swimming since the shorts are chlorine resistant.

The fabric is made of ECONYL® Yarn. A yarn 100% regenerated from fishing nets and other waste materials. All reinforced with LYCRA® SPORT technology ensuring your gear has the correct fiber stretch and top performing fabrics. This technology provides optimal compression during workouts when you need muscle recovery and freedom of movement the most. Antibacterial treatment prevents bad odors. Free from harmful substanses.





STANDARD 100





Black art.no. WTLS23BLK

#### Thermal Compression Long Sleeve Top W

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 210g/nf

Long sleeve top for women made in sustainable techno-fabrics made with ECONYL® regenerated Nylon. Innovated new fabric that stands out for its matt look and high-tech features . Its warm, natural, suede-like hand feel. Extremely soft, compact and breathable. Perfect activewear to be worn directly against the body since it's 100% free from harmful substanses. Antibacterial treatment prevents bad odors. Reflective element and logos.



Black art.no. MTLS23BLK

#### Thermal Compression Long Sleeve Top M

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 210g/m²

Men's version of long sleeve top made in sustainable techno-fabrics made with ECONYL® regenerated Nylon. Inovated new fabric that stands out for its matt look and high-tech features . Its warm, natural, suede-like hand feel. Extremely soft, compact and breathable. Perfect activewear to be worn directly against the body since it's 100% free from harmful substanses. Antibacterial treatment prevents bad odors. Reflective element and logos.







snort



Thermal Compression Tights M

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 210g/m²

Now made with recycled Econyl yarn. Thermal tights for men with a pocket at back with a zip. Anatomical shape. Extremely comfortable to wear. Reflective elements.

Soft thermal products in a high-tech brushed fabric is particularly pleasant on the skin. The material undergoes a special brush technique to increase thermal insulation ability. Stemming from a long research on the properties of the fur of the polar bear. Its excellent breathability and the bacteriostatic treatment applied to this exclusive fabric, boost the natural moisture wicking process, preventing bacteria proliferation and the consequent creation of bad smell. Two-way stretch fabric with shape retention. Designed for people who love outdoor sports and who wish to keep training also in bad weather conditions. Refelctive elements and logos to keep you visible in the dark.



#### Thermal Compression Tights W

MEDIUM COMPRESSION 78% ECONYL®Yarn/22% LYCRA®Sport - 210g/m<sup>2</sup>

Now made with recycled Econyl yarn. Thermal tights for women with an extra high waist. Anatomical shape. Small pocket at the back with a zip. Extremely comfortable to wear. Reflective elements.





OEKO-TEX® CONFIDENCE IN TEXTILES STANDARD 100



### LOW SOCKS



White art.no. ASW2023 Black art.no. ASB2023

In addition to supporting over 30 muscles in your feet, Zeropoint ankle socks in hard compression help to energize your feet and improves muscle function. The sock have padded areas to protect your feet from from blistering and wear-out enabling you to last longer. Excellent moisture management keeps your feet dry. Anatomical fit with strong heel and toe area. Glove-like fit making it one of the most comfortable sport socks on the market. Unisex style.

#### **Compression Sock Ankle**

COMPRESSION LEVEL 20 mmhg 75% Nylon/25% Lycra®Sport



White art.no. CCSWH2023

The sock supports over 30 muscles in your feet, helps

compression weave throughout the footsole, gives the

sock a unique glove-like fit. Use the socks for all types

to energize your feet, improves muscle function and

prevents swollen feet. Anatomical fit, with special

Black art.no. CCSBL2023 Army art.no. CCSAR2023

of sport activities, for daily use and for prevent swollen feet after long hours of standing work or travel. Excellent moisture management keeps your feet dry. A favorite model among golfers, racket players, runners and pilots. Unisex style.

#### **Compression Sock Crew**

COMPRESSION LEVEL 20 mmhg 75% Nylon / 25% Lycra®Sport

## MEDIUM COMPRESSION SOCKS



#### Hybrid Medium Compression Sock

COMPRESSION LEVEL 15-20 mmhg 65% Nylon/25% Lycra®Sport/10% X-Static® Hybrid Compression Socks with new, improved design for all-day use. This sock is great for a wide variety of purposes such as training, sports, work and travel. The silver yarn used in manufacturing Hybrid Silver Socks helps fight microbes and odours. Excellent moisture management with foot air flow knit. The sock is a favourite for performance and for recovery purposes. Wear the sock one or two hours after workout to boost the recovery process. The sock has a medium graduated compression, is lightweight, highly elastic and the ideal to support for your legs during travel or for long periods of standing or sedentary work as they prevent swelling of legs and feet. Unisex fit.



art.no. MWT20BLK

#### Merino Medium Compression Sock

COMPRESSION LEVEL 15-20 mmhg 50 % Merino Wool / 25 % Nylon / 25% Lycra Zeropoint Merino Wool Compression Socks are made of 50% Merino Wool. The sock has a new clean design and is made with a medium level compression making them the perfect sock choice for all types of sports as well as work, leisure and travel. Merino is an active fibre that reacts to changes in body temperature. Unisex style. With merino wool closest to your body you will stay warm in cold weather and cool in warm weather. The material wicks away moisture and regulates your body temprature in an optimal way. Natural elasticity enables the garments to stretch with your body – making the Merino Wool sock ideal for exercising, recovery and travel.

## MEDIUM COMPRESSION SOCKS



Black art. no. WBL2023 Army art. no. WAR2023

The Winter Sock in medium graduated compression is specifially designed for winter activities. The sock has reinforced areas on the front and at back lower leg to ease the pressure that falls on the lower leg during skiing. It is a light sock with high elasticity making it a perfect fit for tight fitting ski boots. Antibacterial with foot air flow. The high level of Merino wool (50%) has multiple benefits. With Merino wool closest to your body you will stay warm during cold weather and cool during warm climate. If you lower the intensity of your activity, merino wool will keep you warm even if you are sweaty since the material wicks away moisture and regulates your body temperature.

#### Winter Medium Compression Sock

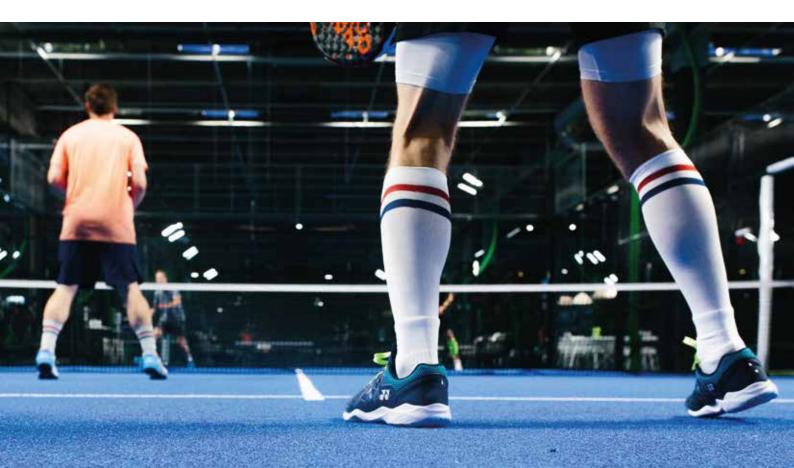
COMPRESSION LEVEL 15-20 mmhg 50 % Merino Wool / 25 % Nylon / 25% Lycra



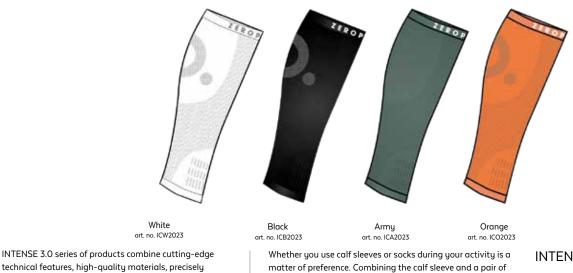
## HIGH COMPRESSION SOCKS



INTENSE 3.0 High Compression Sock COMPRESSION LEVEL 20-30 mmhg Fabric: 75% Nylon / 25% Lycra INTENSE 3.0 series of products combine cutting-edge technical features, high-quality materials, precisely targeted details and optimized compression. Graduated compression with air flow knit for moisture management. Intense socks are created for exercise, high performance and recovery. They are also perfect for treatment and prevention of sport-related injuries. Socks with reinforced heel and toe areas. Anatomical fits in unisex styles.



## HIGH COMPRESSION SLEEVES



technical features, high-quality materials, precisely targeted details and optimized compression. Graduated compression with air flow knit for moisture management. Intense socks, calfs and sleeves are created for exercise, high performance and recovery. They are also perfect for treatment and prevention of sport-related injuries.

Whether you use calf sleeves or socks during your activity is or matter of preference. Combining the calf sleeve and a pair of ankle sock for example, will have the same effect as wearing one of our compression socks, however giving more room for individual variations in sizing. Socks with reinforced heel and toe areas. Anatomical fits in unisex styles.

#### INTENSE 3.0 High Compression Calf Sleeve

COMPRESSION LEVEL 20-30 mmhg Fabric: 75% Nylon / 25% Lycra



INTENSE 3.0 series of products combine cutting-edge technical features, high-quality materials, precisely targeted details and optimized compression. Graduated compression with air flow knit for moisture management. Intense socks, calfs and sleeves are created for exercise, high performance and recovery. They are also perfect for treatment and prevention of sport-related injuries. Anatomical fits in unisex styles. INTENSE 3.0 High Compression Arm Sleeve COMPRESSION LEVEL 20-30 mmhg

Fabric: 75% Nylon / 25% Lycra

# ZEROPOINT SIZE CHARTS

You can find the right size for your Zeropoint compression shorts and tights in the chart. Please note, that sizing is built to optimize the effect of compression. If you however appreciate a slightly more loose fit, you can go one size up from your usual size.



# **COMPRESSION WEAR WOMEN**

		WOME	N		
Size	XS	S	М	L	XL
CHEST	77 - 82	83 - 88	89 - 94	95 - 101	102 - 109
WAIST	61 - 66	6 7 - 72	73 - 78	79 - 85	86 - 94
HIP	86 - 91	92 - 97	98 - 103	104 - 110	111 - 117

# **COMPRESSION WEAR MEN**

		MEN			
Size	S	М	L	XL	XXL
CHEST	87 - 92	93 - 100	101 - 108	109 - 118	119 - 130
WAIST	75 - 80	81 - 88	89 - 96	97 - 106	107 - 119
HIP	86 - 91	92 - 99	100 - 107	108 - 116	117 - 125



# SIZE CHART / COMPRESSION ANKLE SOCKS

		9	Shoe size		
Size	EU	UK women	UK men	US women	US men
XS	34	2	2.5	4	3.5
S	35 - 37.5	2.5 - 4.5	3 - 5	4.5 - 6.5	4 - 5.5
м	38 - 40	5 - 6.5	5.5 - 7	7 - 8.5	6 - 7.5
L	41 - 43	7-9	7.5 - 9.5	9 - 11	8 - 10
XL	44 - 47	9.5 - 13	10 - 13.5	11.5 - 14	10.5 - 14.5





# SIZE CHART / COMPRESSION SOCKS

	Shoe size Calf circumferenc			mference	
Size	EU	UK	US	cm	inch
XS	34 - 36	2 - 3.5	3 - 4.5	26 - 30	10.2 - 11.8
S	35 - 37	2 - 4.5	4.5 - 7	28 - 34	11 - 13.4
м	38 - 41	5 - 7.5	6 - 9.5	34 - 37	12.6 - 14.6
L	41 - 44	7.5 - 10.5	8.5 - 11.5	37 - 43	14.6 - 16.9
XL	45 - 47	11 - 13.5	11.5 - 14.5	42 - 46	16.1 - 18.5
XXL	48 - 50	14 - 15.5	14.5 - 16	45 - 50	17.7 - 19.7



Measure calf circumference from the widest part of your calf for optimal support for muscles. The foot part is very elastic.



# SIZE CHART / COMPRESSION ARM SLEEVES

Size	Bicep circumference (cm)	Forearm circumference (cm)
xs	22 - 26	21 - 23
S	26 - 29	23 - 25
м	29 - 33	25 - 28
L	33 - 37	28 - 31
XL	37 - 41	31 - 34
XXL	41 - 45	34 - 37

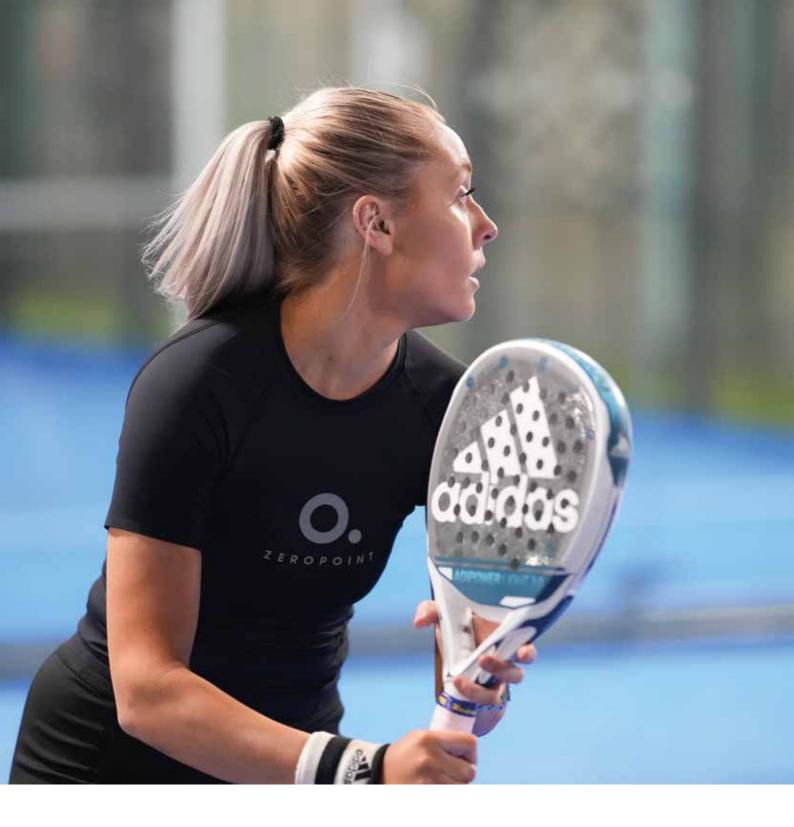


# SIZE CHART / COMPRESSION CALF SLEEVES

Size	Calf circumference (cm)
xs	26 - 30
s	30 - 33
м	33 - 37
L	37 - 42
XL	42 - 47
XXL	45 - 50

Measure calf circumference from the widest part of your calf for optimal support for muscles.







www.zpcompression.com